

Timetable

Athlete Squads

	Mon	Tues	Wed	Thurs	Fri	Sat
AM	High Performance 50m pool 5.30-7.30am Kareena & JR	High Performance 50m pool 5.30-7.30am Kareena & JR		High Performance 50m pool 5.30-7.30am Kareena & JR	High Performance 25m pool 5.30-7.30am Kareena & JR	
	Development 25m pool 5.30-7.00am Jo	Development 50m pool 5.30-7.00am Jo	Platinum/ Development 50m pool 6.30-7.30am Sally	Development 25m pool 5.30-7.00am Jo		High Performance 50m pool 7.00am-9.30am Kareena & JR
						Platinum/ Development 50m pool 8.30-9.30am Sally
PM	Activation- High performance Wellness studio 3.00-3.30pm	Activation- High performance Wellness studio 3.00-3.30pm	Activation- High performance Wellness studio 3.00-3.30pm	Activation- High performance Wellness studio 3.00-3.30pm		
	High Performance 50m pool 3.30-6.00pm Kareena & JR	High Performance 50m pool 3.30-6.00pm Jo & JR	High Performance 50m pool 3.30-6.00pm Kareena & JR	High Performance 50m pool 3.30-6.00pm Jo & JR	High Performance 50m pool 3.30-6.00pm JR	
		Activation- Development Wellness studio 3.30-4.00pm	Activation- Development Wellness studio 3.30-4.00pm	Activation- Development Wellness studio 3.30-4.00pm		
	Development 50m pool 4.00-5.30pm Jo	Development 50m pool 4.00-5.30pm Ciro	Development 50m pool 4.00-5.30pm Jo	Development 25m pool 4.00-5.30pm Ciro	Development Club swimmers (skills session) 50m pool 3.45-4.45pm	
	Platinum 25m pool 4.00-5.15pm Sally		Platinum 25m pool 4.00-5.15pm Sally			

PASS	COST (All prices include 10% GST)
Casual Squad Pass	\$21.50
10 Visit Squad pool pass	\$170 (3 month expiry)
20 Visit Squad pool pass	\$236.25 (6 month expiry)
MEMBERSHIPS	
3 Month Squad (under 16)	\$374.35
3 Month Squad (16 and above)	\$467.94
6 Month (under 16)	\$680.64
6 Month (16 and above)	\$850.80
DIRECT DEBIT MEMBERSHIPS	Suspension fee \$8.20
Direct Debit Squad (under 16)	\$28.35 p/w (paid fortnightly)
Direct Debit Squad (16 and above)	\$35.45 p/w (paid fortnightly)